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like anything worth celebrating but, take time and do it anyway! It is your task and your reward, so any ways to stay motivated are good. The more you reward yourself for the honestly made progress, the more motivated you will feel about reaching new milestones, thus finally accomplishing your goal.

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“Someone in our workplace has tested  
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identified you as a close contact  
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tornado strikes. Acting quickly is key to  
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to stay updated about tornado watches  
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in a tornado warning, go to your  
basement, safe room, or an interior  
room away from windows.

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However, you may want to leave the  
money in your 401(k) plan if you will  
need to take withdrawals in your late

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50s. IRA withdrawals before age 59 1/2  
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services, say your language when the  
call is answered. Hotline hours: 6 a.m. to  
10 p.m. Monday-Friday and 8 a.m. to 6

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p.m. on weekends. For questions about your health, COVID-19 testing, or testing results, contact your health care provider.

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has the option of removing you from the  
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crush you financially. Take some of these actions to protect yourself.

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moved. Put that request in writing ...

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Do a final sweep of the ad copy, ad  
creative and the landing page it goes to  
before you try to get it approved in the  
first place. Spend time nurturing your  
page and your ad account. Don't go ...

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If your child has any of the symptoms:  
Do your best to stay calm . Talk to a  
health care provider. You can: Call your  
doctor. Your doctor knows your child's  
health history and will know if your child  
has any special risks. The doctor will ask

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mild-to-moderate, severe, and critical  
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